



Tour:

EXPLORERS OF QUÉBEC: STEM & HISTORY QUEST

Middle School Edition

Destination:

Québec City, Québec, Canada

EXPLORERS OF QUÉBEC: STEM & HISTORY QUEST Québec City, Québec, Canada - Middle School Edition

Day	Meals	Morning	Afternoon		Evening	
1	D	Travel to Québec City; Meet your Tour Director; transfer to your Hotel; Check-in		Welcome, Safety & Orientation Briefing	Welcome Dinner	Old Québec Discovery Walk
2	B, L, D	Musée de la Civilisation with Indigenous Cultures, Health or Tech & Innovation Focus	Citadelle of Québec	Observatoire de la Capitale 360°	Dinner & Valcartier Indoor Waterpark	
3	B, L, D	Aquarium du Québec & Poseidon's Mission Escape Room Workshop	Montmorency Falls Geology & Hydropower Program		Dinner & Canadian Sugar Shack Experience	
4	B, L, D	Huron-Wendat Indigenous Museum & Traditional Village	Old Québec Guided Tour	Funicular Ride & Toboggan Slide Au 1884	Farewell Dinner & Reflections	
5	B	Plains of Abraham Museum & Historical Workshop	Depart Québec City and Travel Home			



As with all sample itineraries, please be advised that this is an 'example' of a schedule and that the activities and hotels shown may be variable dependent upon dates, weather, special requests and other factors. Itineraries will be confirmed prior to travel.



Hammock Expeditions, LLC
1200 SE 14th Street, Suite 8-150
Bentonville, Arkansas 72712
P: 984.223.9866
www.HammockExpeditions.com
www.STEMStudyTours.com



A Message From Our Team

At STEM Study Tours, we believe students learn best when they're immersed, engaged, and inspired. Every program is built with intention - blending hands-on discovery, academic depth, and meaningful experiences that help students see the world (and themselves) in new ways. Our goal is for each itinerary to spark curiosity, build confidence, and create moments students carry long after the trip ends. We're honored to partner with schools who share that vision and to help bring learning to life beyond the classroom.

— Michele & The Hammock Expeditions Team

Why Travel With Hammock Expeditions & STEM Study Tours

Schools choose us because we design programs that are organized, intentional, and built around real learning. Our itineraries combine strong academics with smooth logistics, giving teachers confidence and giving students opportunities to explore, ask questions, and grow. We partner with trusted local experts, communicate clearly, and support groups every step of the way so educators can focus on their students - not the logistics.

What Sets Us Apart

- **Purpose-Driven Itineraries** - Students actively participate in meaningful, real-world learning.
- **Safety, Structure & Professionalism** - From 24-hour support to vetted partners and clear communication, we ensure teachers can focus on their students while we handle the logistics.
- **Hands-On, High-Impact Learning** - Our programs emphasize field science, conservation, and experiential learning - the kind that sticks with students long after the trip ends.
- **Student-Centered Design** - We balance learning with fun, reflection with adventure, and structure with flexibility. Every day is crafted to keep students engaged, energized, and supported.
- **A Team That Travels With Purpose** - We're educators, planners, naturalists, and travel professionals who care deeply about student growth. Your goals become our goals.

Our Commitment to You

When you travel with us, you gain a partner who understands your vision, anticipates your needs, and delivers an experience your students will remember for years to come. We're here to support your school, empower your students, and make every moment meaningful.

We want to be your educational partner. Let us know how we may serve you.

Michele, Christina, Izzy, Dana, Taylor, and the Team



Hammock Expeditions, LLC
1200 SE 14th Street, Suite 8-150
Bentonville, Arkansas 72712
P: 984.223.9866
www.HammockExpeditions.com
www.STEMStudyTours.com



Step into the heart of French Canada with *Explorers of Québec: STEM & History Quest*, a dynamic four-night journey designed for curious middle school minds. This immersive program blends science, technology, engineering, and math with living history and cultural discovery. Students explore Québec City's fortified walls, experiment with physics at Montmorency Falls, and dive into marine biology at the Aquarium du Québec — all while connecting classroom learning to real-world experiences. Each day blends hands-on workshops, guided tours, and challenges that spark curiosity and teamwork.

About Québec City... Québec City is a living classroom - where centuries-old architecture meets modern innovation. As North America's only walled city north of Mexico, it offers a rare glimpse into Canada's colonial past while showcasing vibrant French-Canadian culture. From the cobblestone streets of Old Québec to the cutting-edge exhibits at the Musée de la Civilisation, students experience history, science, and culture in one unforgettable setting. With its safe, walkable layout and welcoming atmosphere, Québec City provides the perfect backdrop for discovery, learning, and adventure.



Did you know?

- ✓ Québec City was founded in 1608, making it one of the earliest European settlements in North America and a cornerstone for understanding colonization, cultural exchange, and early Canadian history.
- ✓ The region's Indigenous Huron-Wendat Nation has lived in the area for centuries, offering powerful opportunities for students to learn about traditional engineering, community design, and cultural resilience.
- ✓ Montmorency Falls stands 30 meters taller than Niagara Falls, creating a natural laboratory for studying erosion, hydropower, and the physics of moving water.
- ✓ Québec is a global leader in renewable energy, with hydroelectric power supplying the vast majority of the province's electricity - an ideal real-world example for STEM discussions on sustainability.
- ✓ The Aquarium du Québec houses more than 10,000 marine species, including Arctic animals that help students explore adaptation, ecosystems, and climate science.
- ✓ French is the province's official language, giving students a chance to experience bilingual communication and cultural immersion without leaving North America.
- ✓ Québec's famous maple syrup production is deeply tied to environmental science - sap flow depends on freeze-thaw cycles, making it a natural entry point for lessons on weather patterns and climate change.



Hammock Expeditions, LLC
1200 SE 14th Street, Suite 8-150
Bentonville, Arkansas 72712
P: 984.223.9866
www.HammockExpeditions.com
www.STEMStudyTours.com



Day 1 - Welcome to Québec City: First Steps Into History

Dinner

Upon arrival in Québec City, your group will be greeted by your Tour Director and escorted to your motorcoach for the short transfer to the hotel. Once checked in, students settle into their rooms and get a moment to refresh after travel. This first transition is intentionally calm and structured, giving everyone time to get comfortable in their new surroundings before the adventure begins.

Students then gather for the **Welcome, Safety & Orientation Meeting**, an essential kickoff to the program. During this session, your Tour Director reviews daily schedules, group expectations, communication procedures, and key safety guidelines for navigating Québec City. Teachers appreciate the clarity; students appreciate knowing what to expect. This meeting sets the tone for a smooth, well-organized experience and gives everyone a chance to meet the team, ask questions, and start building excitement for the days ahead. After orientation, the group heads out for a **Welcome Dinner**, a relaxed opportunity to connect, settle in, and enjoy their first taste of French-Canadian cuisine.



Old Québec Discovery Walk - The Old Québec Discovery Walk offers students a gentle introduction to the city's historic district, guiding them through cobblestone streets, iconic architecture, and sweeping river views. As they explore landmarks like Château Frontenac and Dufferin Terrace, students learn key points of interest and gain confidence moving through a historic urban environment as a group. This short, engaging walk helps everyone feel connected to the city from the very start and provides a memorable first impression of Québec's unique blend of history and culture.

Day 2 - Science, Culture & City Discovery

Breakfast, lunch & dinner included

Today's activities include:



Musée de la Civilisation with Indigenous Cultures, Health or Tech & Innovation Focus – The Musée de la Civilisation is one of Québec City's most engaging educational spaces, offering interactive exhibits that connect directly to middle school STEM, social studies, and cultural learning goals. During your visit, teachers select **one of three themed tracks**, allowing each group to tailor the experience to their academic focus. Each track includes guided exploration, hands-on components, and age-appropriate interpretation designed to spark curiosity and deepen understanding.

Indigenous Cultures Track: This track introduces students to the rich histories, traditions, and innovations of Indigenous peoples across Québec, with a special emphasis on the Huron-Wendat Nation. Exhibits highlight community design, engineering in daily life, storytelling traditions, and cultural resilience. Teachers who want to strengthen social studies, cultural literacy, or Indigenous perspectives will find this track especially meaningful. It pairs beautifully with your later visit to Wendake, reinforcing learning through real-world context.



Hammock Expeditions, LLC
1200 SE 14th Street, Suite 8-150
Bentonville, Arkansas 72712
P: 984.223.9866
www.HammockExpeditions.com
www.STEMStudyTours.com



Health & Human Biology Track: Ideal for science-focused groups, this track explores the human body through interactive displays on anatomy, wellness, and the systems that keep us alive and thriving. Students engage with models, multimedia exhibits, and hands-on learning stations that make complex concepts accessible for ages 10–13. Teachers often choose this track when they want to reinforce classroom units on body systems, health science, or human development in a dynamic, museum-based setting.

Technology & Innovation Track: This option highlights Québec’s role in innovation, engineering, and technological advancement. Students explore exhibits on robotics, coding, design thinking, and the ways technology shapes modern life. It’s an excellent fit for STEM programs, robotics clubs, or classes emphasizing problem-solving and creativity. Teachers appreciate how this track connects museum learning to real-world applications, preparing students for future STEM pathways.



Citadelle of Québec - The Citadelle of Québec gives students a close look at Canada’s military history and the engineering behind one of the country’s most important fortifications. During the guided tour, students explore the star-shaped fort, walk along its ramparts, and learn how geography and design shaped its defensive structure. It’s an engaging blend of history and STEM, offering teachers a clear connection between architectural choices, strategic planning, and the events that influenced Québec’s past.



Observatoire de la Capitale 360° – The Observatoire de la Capitale gives students a panoramic 360° view of Québec City, helping them immediately understand the region’s geography and layout. From high above the city, they can spot major landmarks, trace the St. Lawrence River, and see how natural features influenced Québec’s development. Interactive displays highlight weather, mapping, and city planning, offering teachers strong STEM connections in a concise, engaging format. It’s a perfect vantage point that helps students orient themselves for the days ahead.”



Valcartier Waterpark – Valcartier’s Indoor Waterpark offers a fun, weather-proof evening activity where students can relax, recharge, and burn off energy in a safe, well-supervised environment. With warm temperatures, age-appropriate attractions, and certified lifeguards stationed throughout the park, it’s an easy win for middle schoolers after a full day of learning. Teachers appreciate the controlled setting, smooth logistics, and the balance it brings to the itinerary - pairing academic exploration with a high-spirited, student-friendly experience that keeps everyone engaged and excited for what’s next.

Day 3 - Water, Wildlife & Wonder

Breakfast, lunch & dinner included

Today’s activities include:



Hammock Expeditions, LLC
1200 SE 14th Street, Suite 8-150
Bentonville, Arkansas 72712
P: 984.223.9866
www.HammockExpeditions.com
www.STEMStudyTours.com





Aquarium du Québec & Poseidon's Mission Escape Room Workshop - The Aquarium gives students an engaging look at marine life from the Arctic, Atlantic, and Pacific, with habitats featuring seals, jellyfish, rays, and polar bears. As they explore the exhibits, students observe animal behavior, ecosystems, and adaptations in real time - making it an excellent complement to classroom units on biology and environmental science. The aquarium's clear pathways and structured zones make it easy for teachers to manage groups while still allowing students to explore and ask questions.

Poseidon's Mission Escape Room Workshop - After their aquarium visit, students take part in Poseidon's Mission, an interactive escape-room-style workshop that blends teamwork with STEM problem-solving. Working in small groups, they decode clues, analyze environmental challenges, and complete hands-on tasks tied to ocean conservation and critical thinking. The workshop is fast-paced, collaborative, and age-appropriate, giving teachers a curriculum-aligned activity that reinforces science concepts while keeping students fully engaged.



Montmorency Falls Geology & Hydropower Program – Students explore one of Québec's most dramatic natural landmarks while learning how geology and hydropower intersect. During the guided program, they examine the rock layers that shape the cliff face, observe erosion in action, and understand how the region's glacial history created this powerful waterfall. The visit also introduces students to Québec's hydropower network, showing how water flow, elevation, and engineering principles work together to generate renewable energy. It's a clear, engaging blend of earth science and applied STEM that helps students connect natural processes to real-world innovation.



Canadian Sugar Shack Experience – This experience gives students a warm, lively introduction to Québec's maple traditions, complete with a hearty, family-style dinner and classic sugar-shack hospitality. As they learn how maple sap is collected and transformed into syrup, students connect cultural history with real agricultural practices that have shaped the region for generations. Music, demonstrations, and maple tasting make the evening interactive, while the structured setting keeps group management easy for teachers. It's a cozy, high-spirited cultural experience that blends learning with celebration and leaves students talking about it long after the trip.

Day 4 - Living Culture, City Highlights & Adventure

Breakfast, lunch & dinner included

Today's activities include:



Hammock Expeditions, LLC
1200 SE 14th Street, Suite 8-150
Bentonville, Arkansas 72712
P: 984.223.9866
www.HammockExpeditions.com
www.STEMStudyTours.com





Huron-Wendat Museum & Traditional Village – At the village, students explore the history, traditions, and contemporary culture of the Huron-Wendat Nation through immersive exhibits and storytelling. The visit continues as students step into reconstructed longhouses, learn about ancestral technologies, and see how community life was shaped by the environment. Guided activities help students understand Indigenous knowledge systems, craftsmanship, and cultural resilience, offering a meaningful, curriculum-aligned experience that blends social studies, anthropology, and respect for First Nations heritage.



Old Québec Guided Tour – This tour gives students a close look at the city's most iconic landmarks, from the fortified walls and cobblestone streets to the Château Frontenac and Dufferin Terrace. As they explore, students learn how geography, architecture, and key historical events shaped the city over four centuries, gaining a clearer understanding of how Québec evolved through time. The tour's compact route and natural stopping points make group management easy, offering a strong, curriculum-aligned foundation before transitioning into more active experiences.



Funicular Ride & Toboggan Slide Au 1884 - After the walking tour, students ride the funicular down to Petit-Champlain for a scenic, high-interest moment that offers a fresh perspective on the city's historic architecture and waterfront. The group then returns to Dufferin Terrace for the Toboggan Slide Au 1884, where students race down the historic wooden track in small teams. This fast, physical activity adds excitement and movement to the day, giving students a memorable Québec tradition and a fun, energetic finish to their Old Québec experience.

Farewell Dinner & Reflections Evening - The Farewell Dinner brings everyone together for a relaxed, celebratory meal where students and teachers can unwind and enjoy their final evening in Québec. After dinner, the group transitions into a guided reflections session designed to help students process what they've learned and experienced throughout the trip. Through thoughtful prompts, shared highlights, and small-group conversations, students connect personal moments to the broader themes of culture, history, and science explored during the week. It's a warm, memorable closing experience that strengthens community, encourages gratitude, and gives the trip a meaningful sense of completion.

Day 5 - Last Discoveries & Québec's Historic Landscape

Breakfast included, dependent upon departure time

On the final morning, students have breakfast, pack up, check out, and load their luggage onto the coach, keeping the process smooth and organized before the day's last learning experience. This brief transition gives everyone a chance to reset, review the day's plan, and make sure all belongings are accounted for. With the group ready and the coach secured, the morning sets a calm, structured tone for the final activity.



Hammock Expeditions, LLC
1200 SE 14th Street, Suite 8-150
Bentonville, Arkansas 72712
P: 984.223.9866
www.HammockExpeditions.com
www.STEMStudyTours.com





Plains of Abraham Museum & Historical Workshop - The group begins the day with a visit to the Plains of Abraham Museum, where students explore interactive exhibits that bring the 1759 battle to life through maps, artifacts, and immersive storytelling. A hands-on historical workshop deepens their understanding as they analyze primary sources, examine period objects, and connect military strategy to the geography around them. It's a focused, curriculum-aligned experience that ties together the week's themes of culture, history, and place.

After the workshop, the group returns to the coach and begins the journey home, reflecting on the many experiences that shaped their time in Québec — from cultural immersion and hands-on STEM learning to historic sites and unforgettable activities. Students leave with new knowledge, shared memories, and a stronger sense of curiosity about the world. As you settle into your seat for the trip home, we hope the moments you've explored, learned, and shared throughout this program leave you feeling inspired, confident, and eager for your next adventure. It's a warm, uplifting close to the journey and a meaningful reminder of our mission to expand minds through transformative travel experiences.



Hammock Expeditions, LLC
1200 SE 14th Street, Suite 8-150
Bentonville, Arkansas 72712
P: 984.223.9866
www.HammockExpeditions.com
www.STEMStudyTours.com



EXPLORERS OF QUÉBEC: STEM & HISTORY QUEST

Middle School Edition

Minimum Booking Numbers: 20 students

What's Included:

- ✓ Round-trip flights or motorcoach transfers
- ✓ 4-nights' accommodation in Québec City
- ✓ Airport transfers in Canada plus transportation to scheduled activities
- ✓ Breakfasts, lunches & dinners daily starting with dinner on arrival and ending with breakfast on departure
- ✓ Old Québec Discovery Walk
- ✓ Musée de la Civilisation with Indigenous Cultures, Health & Human Biology, or Tech & Innovation Focus
- ✓ Citadelle of Québec
- ✓ Observatoire de la Capitale 360°
- ✓ Valcartier Indoor Waterpark
- ✓ Aquarium du Québec & Poseidon's Mission Escape Room Workshop
- ✓ Montmorency Falls Geology & Hydropower Program
- ✓ Canadian Sugar Shack Experience
- ✓ Huron-Wendat Indigenous Museum & Traditional Village
- ✓ Old Québec Guided Tour
- ✓ Québec Funicular Ride
- ✓ Toboggan Slide Au 1884
- ✓ Plains of Abraham Museum & Historical Workshop
- ✓ Dedicated Tour Director
- ✓ 24-hour emergency cover

What's Not Included:

- ☒ Fully comprehensive insurance (**mandatory**)
- ☒ Transfers to/from home airport
- ☒ Baggage costs, pay directly to airline if required
- ☒ Baggage handling; everyone should be able to pull / load their own bag
- ☒ Snacks/beverages other than at meal times
- ☒ Meal selections other than ones provided for the entire group (we are generally able to cater for allergy conditions, vegetarians, halal and in some cases vegan)
- ☒ Sightseeing / Entertainment / Transport not shown in Itinerary
- ☒ Cost of personal passports, visas or visa waiver fees
- ☒ Cost of inoculations or medication required for travel
- ☒ Hotel incidental deposits & bills – mini-bar, movies, etc.
- ☒ **Gratuities – drivers, hotel services, area guides, tour director**
- ☒ Credit card fees if individuals wish to pay via credit card instead of ACH (online check)
- ☒ Additional taxes, fuel surcharges or fees levied by governments / suppliers

As always, our staff are always available to you to answer any questions you may have regarding programming. If we may serve you in any way, please do not hesitate to contact us.